

ACCOMMODATIONS:

Hampton Inn & Suites Valley Forge \$109

100 Cresson Blvd., Valley Forge, PA 19456
610.676.0900

Courtyard Philadelphia Valley Forge / Collegeville \$99 - 109

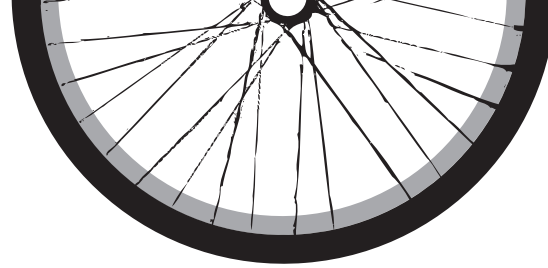
600 Campus Dr., Collegeville, PA 19426
484.974.2600

Staybridge Suites Royersford \$119 - 139

88 Anchor Parkway, Royersford, PA 19468
610.792.9300

Holiday Inn Express & Suites \$119

15 Keystone Dr., Limerick, PA 19468
484.932.8827



OUTBACK PRESENTS:
STEAKHOUSE®



LIMERICK / PA

3rd Annual

ridePHILLY

October 9, 2011

5, 10, 25 & 50 mile routes on
challenging, scenic country roads



*By far the best post ride food that I've had the
pleasure to partake of in my 20 years of riding.*



For more information & to sign up visit:
www.rideataxia.org/philly

LOCATION

START/FINISH FOR ALL ROUTES Limerick Community Park

Swamp Pike & Ziegler Rd., Limerick, PA 19468

PRE-RIDE PACKET PICKUP Outback Steakhouse

22 Anchor Parkway, Royersford, PA 19468
Saturday, October 8, 4:30 - 6:30pm

4TH ANNUAL FRIEDREICH'S ATAXIA SYMPOSIUM

 The Children's Hospital of Philadelphia®
Hope lives here.

Crowne Plaza Hotel Valley Forge

260 Mall Blvd., King of Prussia, PA 19406
Saturday October 8, All Day

Bringing together patients, families and healthcare
professionals for a day of learning and camaraderie.
The ride and symposium will take place within close
proximity of each other for easy access to both events.

For more information visit www.chop.edu/cme

Separate registration required.

Special Thanks to Our
PARTNERS



DONATE

Online @
www.rideataxia.org/philly

By Mail @

FARA -533 W. Uwchlan Ave, Downingtown, PA 19335

The Friedreich's Ataxia Research Alliance (FARA) is proud to partner with Outback Steakhouse for a day of physical achievement and family fun. Ride Ataxia cycling events across the country have raised invaluable awareness for Friedreich's ataxia (FA) and funded over \$1 million in FA research grants in just 5 short years. FA is a debilitating, life-shortening, degenerative neuro-muscular disorder.

The third annual Ride Ataxia Philadelphia will offer 5, 10, 25, and 50 mile routes on scenic country roads. Ride Ataxia Philadelphia benefits the Friedreich's Ataxia Research Alliance (FARA). FARA is a nonprofit organization dedicated to research leading to a cure for Friedreich's ataxia (FA). FA is a progressive, life-shortening neuro-muscular disease affecting children and adults.

Join us for a day of scenic cycling, great food, and fun in support of Friedreich's Ataxia research.

visit www.rideataxia.org/philly for more info and to register online for the event



designed by www.wadesign.net

SCHEDULE

SATURDAY, OCT 8 **Outback Steakhouse, Royersford**

4:30 - 6:30pm Pre-Ride Packet Pickup

SUNDAY, OCT 9 **Limerick Community Park**

7:30 - 10:30am Registration open

8:30 - 9:00am 50 mile rolling start

9:15 - 9:45am 25 mile rolling start

10:00 - 10:30am 5 & 10 mile rolling starts

11:30 - 2:30pm Lunch by Outback, Carrabba's, and Bonefish

SAFETY

- All participants must wear a helmet
- Children under 16 must be accompanied by an adult
- Ride single file and obey all rules of the road

RIDE FEATURES

- Rides for all levels, from beginners to experienced cyclists
- Well marked courses and cue sheets
- Full SAG support
- Fully stocked rest stops
- FREE event T-shirt for participants registered by Sept 9th
- FREE cycling jersey for participants who raise \$500 or more
- Lunch provided by Outback Steakhouse, Bonefish Grill and Carrabba's Italian Grill after the ride

ROUTES

- 5 mile route: Will stay within the park on a one mile loop. Beginners.
- 10 mile route: Challenging Hills, minimal traffic Intermediate.
- 25 mile route: Challenging Hills, varied traffic conditions. Intermediate - Advanced.
- 50 mile route: Challenging Hills, varied traffic conditions. Advanced cyclists only.
- *Route overview maps with elevation profiles can be found at www.rideataxia.org/philly*
- *Routes subject to change until the day of the ride*

OUTBACK PRESENTS:
STEAKHOUSE



TO REGISTER

ONLINE: Register online at www.rideataxia.org/philly

BY MAIL: Send registration form & check payable to: Friedreich's Ataxia Research Alliance (FARA) 533 West Uwchlan, Downingtown, PA 19335

REGISTRATION FORM: (one per rider, please)

Name _____

Email _____

Address _____

City _____

State, Zip _____

Phone _____

REGISTRATION FEES:

Early Bird Registration by September 9, 2011

Individual Price: • \$35 per cyclist
• \$25 per child (age 12 & under)
Team Price: • \$250 per team (10 participants)

Registration after September 9, 2011

Individual Price: • \$40 per cyclist
• \$30 per child (age 12 & under)
Team Price: • \$300 per team (10 participants)

Day of Registration

Individual Price: • \$45 per cyclist
• \$35 per child (age 12 & under)

Course Selection: _____ 5 _____ 10 _____ 25 _____ 50

T-shirt Size: _____ S _____ M _____ L _____ XL _____ XXL

QUESTIONS?

Contact the Friedreich's Ataxia Research Alliance at (484) 879-6160 or info@curefa.org